

## Pegasus Open Level 4 Rules - Out Of Age 10/11 Years

<b>Difficulty Value</b>	<b>Pegasus Open Level 4 Rules - Out Of Age 10/11 Years</b>						
<b>A = 0.10</b>	* Only FIG and the Uncoded Elements listed below may be used and awarded Difficulty Value according to the FIG Cycle 12 Code of Points (2009). FIG Execution Penalties will apply.						
<b>B = 0.20</b>	* <b>BARS</b> - 8 Highest Elements Including Dismount + SE Bonus. FIG and listed Uncoded Elements may be Repeated <u>Once</u> for Difficulty Value						
<b>C = 0.30</b>	* <b>BEAM</b> - 8 Highest Elements Including Dismount + SE Bonus.max 5 acro+ 3 Dance min. FIG and listed Uncoded Elements may only be used <u>Once</u> for Difficulty Value						
<b>D = 0.40</b>	* <b>FLOOR</b> - 8 Highest Elements Including Dismount+ Bonus.max 5 acro+ 3 Dance min. 4 x Acro lines max FIG and listed Uncoded Elements may only be used <u>Once</u> for Difficulty Value						
<b>E = 0.50</b>	* <b>Short Exercises:</b> FIG Rules apply for Beam & Floor. On Bars an exercise with less than 5 Elements will be deducted 1.00 for each missing element						
<b>F = 0.60</b>	* Dismount. 'A' value only allowed. <b>'B' or more = No DV or CR. On Floor 'A' or 'B' Allowed</b>						
<b>G = 0.70</b>	* <b>Bonus</b> will be Awarded <u>Once</u> Only providing the Element/Series is Performed without a Fall						
<b>LEVEL 4</b>	<b>VAULT - Best Score of 2 Vaults (120cm)</b>	<b>BARS</b>		<b>BEAM</b>		<b>FLOOR</b>	
<b>BARRED ELEMENTS</b>	Any Vault with Higher DV than 4.00	Higher Than a Salto Backward Straight		* Any Saltos (apart from Dismount) * Hops/Leaps/Jumps with LA Turn <b>or</b> to Front Support		* Salto backward with 540° & any Double salto	Uncoded elements can fulfil this CR
<b>CRs @ 0.5</b>		* Flight HB to LB & LB to HB * Flight to Same Bar (R & C) 2 x Grips + Close Bar element 360° non Flight Element(not mount) * A Value Dismount <b>HS Turns: &gt; 30° -0.1 &gt; 60° -0.3 &gt; 90° -0.5</b>	<b>AUTO</b> <b>AUTO</b> <b>AUTO</b> <b>AUTO</b> <b>YES</b>	* Connection of 2 Dance (1 x 180° Fwd) * Turn on One Foot * Acro Series with 2 Elements ( x 1 with Flight not Salto) * Acro Elements Fwd/Swd & Bwd * A Value Dismount	<b>YES</b> <b>YES</b> <b>YES</b> <b>YES</b> <b>YES</b>	* Passage of 2 Dance (1 x 180° Fwd) * Acro Line with x 2 Different Saltos * Salto Fwd/Swd & Bwd * Double BA & Salto with LA Turn * A or B Dismount	<b>YES</b> <b>YES</b> <b>YES</b> <b>AUTO</b> <b>YES</b>
<b>BONUS Awarded Once Only</b>		* Back Giant without a Fall (given once only)	<b>0.5</b>	* Exercise without a Fall (providing all CRs are Fulfilled)	<b>0.5</b>	<b>NO BONUS</b>	
<b>UNCODED ELEMENTS 0.10 Each All OK to Fulfill CRs</b>		* Cast above 45° * Clear Circle below 45° * Cast Squat on to LB * Back Hip Circle * Tucked Back Sole Circle * ¾ Giant from LB to HB <b>Dismounts:</b> * Straddle Undershoot  (the Above will fulfill EGR)	<b>0.1</b> <b>0.1</b> <b>0.1</b> <b>0.1</b> <b>0.1</b> <b>0.1</b> <b>0.1</b>	* Forward Roll * Cat-Leap * Tuck Jump	<b>0.1</b> <b>0.1</b> <b>0.1</b>	* Cartwheel * Backward Walkover * Forward Walkover * Valdez * Backward Roll to Handstand * Handstand Forward Roll * Headspring * Cat-Leap * Straight Jump with 1/1 * Tuck Jump * Wolf Jump / Hop	<b>0.1</b> <b>0.1</b> <b>0.1</b> <b>0.1</b> <b>0.1</b> <b>0.1</b> <b>0.1</b> <b>0.1</b> <b>0.1</b> <b>0.1</b>
<b>Specific Apparatus Deductions</b>		Bar Change without performing an Element	<b>X</b>	More Than 1 x 180° on 2 feet with straight Legs Mount Not from Table Of Elements	<b>X</b> <b>X</b>		

"AUTO" REFERS TO THE FACT THAT THE GYMNAST IS NOT REQUIRED TO FULFILL THIS CR & WILL AUTOMATICALLY BE AWARDED 0.5 FOR @ "AUTO CR" TOWARD THEIR A-SCORE / YES REFERS TO THE FACT THAT THE GYMNAST MUST FULFILL THE CR STATED IN ORDER TO RECEIVE THE 0.5.