

Pegasus Open Regional Challenge - Espoir							
Difficulty Value	<p><b>A = 0.10</b> * Only FIG Elements may be used and awarded Difficulty Value according to the FIG Cycle 12 Code of Points (2009). FIG Execution Penalties will apply.</p> <p><b>B = 0.20</b> * <b>BARS</b> - 8 Highest Elements Including Dismount. FIG Elements may only be used <u>Once</u> for Difficulty Value</p> <p><b>C = 0.30</b> * <b>BEAM</b> - 8 Highest Elements Including Dismount. Max 5 acro + 3 Dance min. FIG Elements may only be used <u>Once</u> for Difficulty Value</p> <p><b>D = 0.40</b> * <b>FLOOR</b> - 8 Highest Elements Including Dismount. Max 5 acro+ 3 Dance min. 4 x Acro lines max FIG Elements may only be used <u>Once</u> for Difficulty Value</p> <p><b>E = 0.50</b> * <b>Short Exercises:</b> FIG Rules apply for Beam &amp; Floor. On Bars an exercise with less than 7 Elements will be deducted 1.00 for each missing element</p> <p><b>F = 0.60</b> * Dismount on Bar/Beam/Floor 'A/B/C' value only allowed. <b>'D' or more = No DV or CR</b></p> <p><b>G = 0.70</b></p>						
<b>Regional Challenge Espoir</b>	<b>VAULT - Best Score of 2 Vaults (125cm)</b>	<b>BARS</b>		<b>BEAM</b>		<b>FLOOR</b>	
<b>CRs @ 0.5</b>		* Flight HB to LB & LB to HB	<b>YES</b>	* Connection of 2 Dance (1 x 180° Fwd)	<b>YES</b>	* Passage of 2 Dance (1 x 180° Fwd)	<b>YES</b>
		* Flight to Same Bar (R & C)	<b>YES</b>	* Turn on One Foot	<b>YES</b>	* Acro Line with x 2 Different Saltos	<b>YES</b>
		2 x Grips + Close Bar element	<b>YES</b>	* Acro Series with 2 Elements	<b>YES</b>	* Salto Fwd/Swd & Bwd	<b>YES</b>
		360° non Flight Element(not mount)	<b>YES</b>	2 x flight 1 being a salto		* Double BA & Salto with LA Turn	<b>YES</b>
		* <b>A (0.10) B (0.30) C (0.50) Value Dismount</b>	<b>YES</b>	* Acro Elements Fwd/Swd & Bwd	<b>YES</b>	* <b>A (0.10) B (0.30) C (0.50) Value Dismount</b>	<b>YES</b>
		<b>HS Turns: &gt; 30° -0.1 &gt; 60° -0.3 &gt; 90° -0.5</b>		* <b>A (0.10) B (0.30) C (0.50) Value Dismount</b>	<b>YES</b>		
<b>Specific Apparatus/Artistry Deductions</b>	Use ARTSITY DEDUCTIONS on Beam and Floor as in Articles 10/11 in Cycle 12 Code of Points. PLEASE NOTE: These are the only specific deductions						
<p>AUTO* REFERS TO THE FACT THAT THE GYMNAST IS NOT REQUIRED TO FULFILL THIS CR &amp; WILL AUTOMATICALLY BE AWARDED 0.5 FOR @ "AUTO CR" TOWARD THEIR A-SCORE / YES REFERS TO THE FACT THAT THE GYMNAST MUST FULFILL THE CR STATED IN ORDER TO RECEIVE THE 0.5.</p>							

Pegasus Open Regional Challenge - JUNIOR							
Difficulty Value	<p><b>A = 0.10</b> * Only FIG Elements may be used and awarded Difficulty Value according to the FIG Cycle 12 Code of Points (2009). FIG Execution Penalties will apply.</p> <p><b>B = 0.20</b> * <b>BARS</b> - 8 Highest Elements Including Dismount. FIG Elements may only be used <u>Once</u> for Difficulty Value</p> <p><b>C = 0.30</b> * <b>BEAM</b> - 8 Highest Elements Including Dismount. Max 5 acro + 3 Dance min. FIG Elements may only be used <u>Once</u> for Difficulty Value</p> <p><b>D = 0.40</b> * <b>FLOOR</b> - 8 Highest Elements Including Dismount. Max 5 acro+ 3 Dance min. 4 x Acro lines max FIG Elements may only be used <u>Once</u> for Difficulty Value</p> <p><b>E = 0.50</b> * <b>Short Exercises:</b> FIG Rules apply for Bars, Beam &amp; Floor.</p> <p><b>F = 0.60</b> * Dismount on Bar/Beam/Floor 'B/C' value only allowed. <b>'D' or more = No DV or CR</b></p> <p><b>G = 0.70</b></p>						
<b>Regional Challenge Junior</b>	<b>VAULT - Best Score of 2 Vaults (125cm)</b>	<b>BARS</b>		<b>BEAM</b>		<b>FLOOR</b>	
<b>CRs @ 0.5</b>		* Flight HB to LB & LB to HB	<b>YES</b>	* Connection of 2 Dance (1 x 180° Fwd)	<b>YES</b>	* Passage of 2 Dance (1 x 180° Fwd)	<b>YES</b>
		* Flight to Same Bar (R & C)	<b>YES</b>	* Turn on One Foot	<b>YES</b>	* Acro Line with x 2 Different Saltos	<b>YES</b>
		2 x Grips + Close Bar element	<b>YES</b>	* Acro Series with 2 Elements	<b>YES</b>	* Salto Fwd/Swd & Bwd	<b>YES</b>
		360° non Flight Element(not mount)	<b>YES</b>	2 x flight 1 being a salto		* Double BA & Salto with LA Turn	<b>YES</b>
		* <b>B (0.30) C (0.50) Value Dismount</b>	<b>YES</b>	* Acro Elements Fwd/Swd & Bwd	<b>YES</b>	* <b>B (0.30) C (0.50) Value Dismount</b>	<b>YES</b>
		<b>HS Turns: &gt; 30° -0.1 &gt; 60° -0.3 &gt; 90° -0.5</b>		* <b>A (0.10) B (0.30) C (0.50) Value Dismount</b>	<b>YES</b>		
<b>Specific Apparatus/Artistry Deductions</b>	Use ARTSITY DEDUCTIONS on Beam and Floor as in Articles 10/11 in Cycle 12 Code of Points. PLEASE NOTE: These are the only specific deductions						
<p>AUTO* REFERS TO THE FACT THAT THE GYMNAST IS NOT REQUIRED TO FULFILL THIS CR &amp; WILL AUTOMATICALLY BE AWARDED 0.5 FOR @ "AUTO CR" TOWARD THEIR A-SCORE / YES REFERS TO THE FACT THAT THE GYMNAST MUST FULFILL THE CR STATED IN ORDER TO RECEIVE THE 0.5.</p>							

Pegasus Open Regional Challenge - SENIOR							
Difficulty Value	<p><b>A = 0.10</b> * Only FIG Elements may be used and awarded Difficulty Value according to the FIG Cycle 12 Code of Points (2009). FIG Execution Penalties will apply.</p> <p><b>B = 0.20</b> * <b>BARS</b> - 8 Highest Elements Including Dismount. FIG Elements may only be used <u>Once</u> for Difficulty Value</p> <p><b>C = 0.30</b> * <b>BEAM</b> - 8 Highest Elements Including Dismount. Max 5 acro + 3 Dance min. FIG Elements may only be used <u>Once</u> for Difficulty Value</p> <p><b>D = 0.40</b> * <b>FLOOR</b> - 8 Highest Elements Including Dismount. Max 5 acro+ 3 Dance min. 4 x Acro lines max FIG Elements may only be used <u>Once</u> for Difficulty Value</p> <p><b>E = 0.50</b> * <b>Short Exercises:</b> FIG Rules apply for Bars, Beam &amp; Floor.</p> <p><b>F = 0.60</b> * Dismount on Bar/Beam/Floor 'B/C/D' value only allowed. <b>'E' or more = No DV or CR</b></p> <p><b>G = 0.70</b></p>						
<b>Regional Challenge Senior</b>	<b>VAULT - Best Score of 2 Vaults (125cm)</b>	<b>BARS</b>		<b>BEAM</b>		<b>FLOOR</b>	
<b>CRs @ 0.5</b>		* Flight HB to LB & LB to HB	<b>YES</b>	* Connection of 2 Dance (1 x 180° Fwd)	<b>YES</b>	* Passage of 2 Dance (1 x 180° Fwd)	<b>YES</b>
		* Flight to Same Bar (R & C)	<b>YES</b>	* Turn on One Foot	<b>YES</b>	* Acro Line with x 2 Different Saltos	<b>YES</b>
		2 x Grips + Close Bar element	<b>YES</b>	* Acro Series with 2 Elements	<b>YES</b>	* Salto Fwd/Swd & Bwd	<b>YES</b>
		360° non Flight Element(not mount)	<b>YES</b>	2 x flight 1 being a salto		* Double BA & Salto with LA Turn	<b>YES</b>
		* <b>B (0.10) C (0.30) D (0.50) Value Dismount</b>	<b>YES</b>	* Acro Elements Fwd/Swd & Bwd	<b>YES</b>	* <b>B (0.10) C (0.30) D (0.50) Value Dismount</b>	<b>YES</b>
		<b>HS Turns: &gt; 30° -0.1 &gt; 60° -0.3 &gt; 90° -0.5</b>		* <b>A (0.10) B (0.30) C (0.50) Value Dismount</b>	<b>YES</b>		
<b>Specific Apparatus/Artistry Deductions</b>	Use ARTSITY DEDUCTIONS on Beam and Floor as in Articles 10/11 in Cycle 12 Code of Points. PLEASE NOTE: These are the only specific deductions						
<p>AUTO* REFERS TO THE FACT THAT THE GYMNAST IS NOT REQUIRED TO FULFILL THIS CR &amp; WILL AUTOMATICALLY BE AWARDED 0.5 FOR @ "AUTO CR" TOWARD THEIR A-SCORE / YES REFERS TO THE FACT THAT THE GYMNAST MUST FULFILL THE CR STATED IN ORDER TO RECEIVE THE 0.5.</p>							